# THE CLEAN KILO PRODUCT LIST

#### Bournville

Please note we may add items from time to time that may not be immediately updated on this list and prices may fluctuate based on our cost prices from suppliers.

# **PULSES, LEGUMES AND BEANS**

Carlin peas (British - Red Fox)	£0.36 /100g
Black turtle beans (organic)	£0.31 /100g
Butter beans (organic)	£0.50 /100g
Cannellini beans (organic)	£0.42 /100g
Haricot beans (organic)	£0.32 /100g
Mung beans (organic)	£0.45 /100g
Red kidney beans (organic)	£0.39 /100g
Beans soya (organic)	£0.25 /100g
Chickpeas (organic)	£0.36 /100g
Green lentils	£0.25 /100g
Puy lentils	£0.35 /100g
Brown lentils (organic)	£0.26 /100g
Red split lentils (organic)	£0.30 /100g
Yellow split peas	£0.17 /100g
SOSMIX - veggie sausage mix	£1.10 /100g
Soya mince	£0.56 /100g
Soya chunks	£0.82 /100g
Falafel mix (organic)	£1.40 /100g
Burger mix (organic)	£1.60 /100g
CEDEALS	
CEREALS	
Buckwheat flakes (organic)	£0.55 /100g

Cereal apple and cinnamon	£0.72 /100g
Cereal berry crunch (organic)	£0.87 /100g
Cereal sultana crunch	£0.57 /100g
Cereal bran flakes (organic)	£0.59 /100g
Cereal corn flakes (organic)	£0.75 /100g
Granola	£0.41 /100g
Muesli deluxe (organic)	£0.52 /100g
Oats porridge (organic)	£0.21 /100g
Oats porridge gluten-free (organic)	£0.43 /100g
Oats rolled (organic)	£0.23 /100g
Popping corn (organic)	£0.26 /100g
GRAINS	
Bulgur wheat (organic)	£0.33 /100g
Couscous (organic)	£0.27 /100g
Couscous giant (organic)	£0.60 /100g
Couscous wholemeal (organic)	£0.31 /100g
Millet (organic)	£0.29 /100g
Pearl barley (organic)	£0.20 /100g
Polenta	£0.26 /100g
Quinoa black (organic)	£0.69 /100g
Quinoa british white	£0.60 /100g
Quinoa red (organic)	£0.72 /100g
Rice arborio	£0.31 /100g
Rice white basmati (organic)	£0.39 /100g
Rice black (organic)	£0.62 /100g
Rice black (organic)  Rice brown basmati (organic)	£0.62 /100g £0.49 /100g

Rice brown jasmine (organic)	£0.40/100g
Rice brown short grain (organic)	£0.35 /100g
Rice white jasmine (organic)	£0.42 /100g
Rice sushi	£0.32 /100g
PASTA	
Thick noodles	£0.42 /100g
Thin noodles	£0.45 /100g
Large Shells	£0.25 /100g
White fusilli (organic)	£0.35 /100g
Wholewheat fusilli	£0.26 /100g
Macaroni	£0.23 /100g
White penne (organic)	£0.35 /100g
Wholewheat penne (organic)	£0.35 /100g
Wholewheat spaghetti	£0.35 /100g
White spaghetti (organic)	£0.35 /100g
Tagliatelle	£0.23 /100g
Gluten Free Macaroni	£1.15 /100g
Gluten Free Fusilli	£0.85 /100g
Orzo	£0.35 /100g
Farfalle	£0.26 /100g
Egg Sedani	£0.26 /100g
NUTS	
Almonds (organic)	£2.40 /100g
Almonds flaked	£1.90 /100g
Almonds ground (organic)	£1.60/100g

Brazil nuts (organic)	£1.90 /100g
Cashews (organic)	£2.10 /100g
Hazelnuts (organic)	£2.00 /100g
Macadamia nuts	£3.80 /100g
Peanuts Roasted and Salted	£0.65 /100g
Pecan halves (organic)	£3.99 /100g
Pistachios raw	£3.50 /100g
Walnut pieces (organic)	£1.74 /100g
Luxury nut mix	£2.45 /100g
CEEDC	
SEEDS	
Chia seeds	£0.95 /100g
Shelled hemp seeds (organic)	£1.80 /100g
Brown linseed (organic)	£0.40 /100g
Poppy seeds	£0.96 /100g
Pumpkin seeds (organic)	£0.95 /100g
White sesame seeds (organic)	£1.00 /100g
Sunflower Seeds (organic)	£0.65 /100g
Cacao Nibs Raw (organic)	£2.60 /100g
DRIED FRUIT	
Apple rings	£1.35 /100g
Apricots (organic)	£0.85 /100g
Banana chips (organic)	£0.90 /100g
Coconut Desiccated (organic)	£0.80 /100g
Cranberries infused with apple juice	£2.00 /100g
Dates (organic)	£0.76 /100g

Mixed dried fruit	£0.92 /100g
Figs (organic)	£1.21 /100g
Glace cherries	£1.04 /100g
Goji berries (organic)	£2.00 /100g
Mango strips	£2.32 /100g
Raisins (organic)	£0.58 /100g
Sultanas (organic)	£0.70 /100g
Tomatoes Sun-dried (organic)	£1.40 /100g
Pineapple	£2.20 /100g
OILS, VINEGARS, TINS	
Sunflower oil (organic)	£0.49 /100g
Coconut oil	£1.29 /100g
Rapeseed oil - basil infused	£0.61 /100g
Rapeseed oil - chilli infused	£0.61 /100g
Rapeseed oil - garlic infused	£0.61 /100g
Rapeseed oil - plain	£0.51 /100g
Olive oil - Honest oil	£1.50 /100g
Soy sauce (GF) Tamari	£1.05 /100g
Vinegar Apple Cider w/mother (organic)	£0.84 /100g
Vinegar balsamic (organic)	£1.15 /100g
Vinegar red wine	£0.29 /100g
Vinegar white wine (organic)	£0.40 /100g
Chopped tomatoes - tin (organic)	£1.25 each
Baked beans - tin (organic)	£1.15 each
Jack fruit - tin	£1.90 each
Banana blossom - tin	2.50 each

Mr Organic Ketchup	£2.50 each
Mr Organic Tomato Puree	£1.90 each
Plamil Egg Free Mayonnaise	£3.50 each
Mayonnaise (organic)	£3.00 each
BAKING PRODUCTS	
Dried yeast	£2.20 /100g
Arrowroot	£1.05 /100g
Baking powder	£0.82 /100g
Bicarbonate of Soda	£0.60 /100g
Cacao Butter	£2.20 /100g
Cacao Powder Raw (organic)	£0.95 /100g
Coconut Flour (organic)	£0.55 /100g
Buckwheat Flour (organic)	£0.37 /100g
Chickpea Flour	£0.40 /100g
Plain White Flour (organic)	£0.14 /100g
Self-raising White Flour (organic)	£0.15 /100g
Spelt Flour (organic)	£0.33 /100g
Wholemeal spelt flour (organic)	£0.33 /100g
Strong White Bread Flour (organic)	£0.13 /100g
Strong Wholemeal Bread Flour (organic)	£0.13 /100g
Plain gluten-free flour (organic)	£0.30 /100g
Self-raising gluten free flour (organic)	£0.30 /100g
Honey	£1.65 /100g
Fairtrade caster sugar (organic)	£0.41 /100g
Coconut sugar (organic)	£0.93 /100g
Demerara sugar	£0.30 /100g

lcing sugar (organic)	£0.51 /100g
Granulated sugar (organic)	£0.30 /100g
Authentic Italian pasta flour	£0.24 /100g
Italian strong white flour '00'	£0.18 /100g
Italian strong wholemeal flour	£0.19 /100g
Pasta flour (organic)	£0.18 /100g
Italian plain flour '00'	£0.17 /100g
HERBS	
Dill	£0.63 /10g
Marjoram	£0.41 /10g
Mint	£0.34 /10g
Mixed herbs	£0.29 /10g
Oregano	£0.40 /10g
Basil	£0.27 /10g
Bay leaves	£0.62 /10g
Parsley	£0.48 /10g
Rosemary	£0.16 /10g
Sage	£0.42 /10g
Chives	£0.10 /10g
SPICES	
Asafoetida	£0.25 /10g
Bouillon Vegan (Organic)	£0.16 /10g
Cardomom (ground)	£0.60 /10g
Cardomom pods	£0.96 /10g
Caraway seeds	£0.12 /10g

Cayenne pepper	£0.18 /10g
Chillies (ground)	£0.28 /10g
Cinnamon (ground - organic)	£0.35 /10g
Cinnamon Sticks	£0.77 /10g
Cloves (ground)	£0.30 /10g
Cloves whole	£0.29 /10g
Coriander (ground)	£0.30 /10g
Coriander seeds	£0.32 /10g
Cumin (ground)	£0.20 /10g
Cumin seeds	£0.24 /10g
Curry powder hot	£0.13 /10g
Curry powder medium	£0.13 /10g
Fennel seeds	£0.27 /10g
Garam masala	£0.22 /10g
Garlic salt	£0.13 /10g
Ginger (ground)	£0.22 /10g
Gravy powder vegan (organic)	£0.26 /10g
Mixed spice	£0.23 /10g
Mustard seeds	£0.25 /10g
Nutmeg (ground)	£0.40 /10g
Nutmeg (whole)	£0.38 /10g
Nutritional yeast with B12	£3.50 /100g
Paprika smoked	£0.21 /10g
Paprika standard	£0.16 /10g
Peppercorns white	£0.43 /10g
Peppercorns whole black (organic)	£0.24 /10g
Salt himalayan pink coarse	£1.90 /100g

Salt himalayan pink fine	£1.90 /100g
Salt sea coarse	£0.24 /100g
Salt sea fine	£0.24 /100g
Sumac	£0.30 /10g
Star anise	£0.60 /10g
Stuffing Apple cider and English sage	£1.09 /100g
Stuffing Sage And Onion	£0.89 /100g
Turmeric (ground)	£0.19 /10g
Allspice (whole)	£0.20 /10g
Black pepper (ground)	£0.19 /10g
White pepper (ground)	£0.20 /10g
Chinese five spice	£0.20 /10g
COFFEE AND TEA	
COFFEE AND TEA  CoCo Hundred House Coffee	£2.90 /100g
	£2.90 /100g £3.00 /100g
CoCo Hundred House Coffee	······································
CoCo Hundred House Coffee  Decaf - Hundred House	£3.00 /100g
CoCo Hundred House Coffee  Decaf - Hundred House  Brazilian - Hundred House Coffee	£3.00 /100g £2.70 /100g
CoCo Hundred House Coffee  Decaf - Hundred House  Brazilian - Hundred House Coffee  Peruvian - Hundred House Coffee	£3.00 /100g £2.70 /100g £2.50 /100g
CoCo Hundred House Coffee  Decaf - Hundred House  Brazilian - Hundred House Coffee  Peruvian - Hundred House Coffee  Harry's Hot Chocolate powder	f3.00 /100g f2.70 /100g f2.50 /100g f2.50 /100g
CoCo Hundred House Coffee  Decaf - Hundred House  Brazilian - Hundred House Coffee  Peruvian - Hundred House Coffee  Harry's Hot Chocolate powder  Tea - Lemongrass and Ginger	f3.00 /100g f2.70 /100g f2.50 /100g f2.50 /100g f6.83 /100g
CoCo Hundred House Coffee  Decaf - Hundred House  Brazilian - Hundred House Coffee  Peruvian - Hundred House Coffee  Harry's Hot Chocolate powder  Tea - Lemongrass and Ginger  Tea - Bold Breakfast	f3.00 /100g f2.70 /100g f2.50 /100g f2.50 /100g f6.83 /100g f4.17 /100g
CoCo Hundred House Coffee  Decaf - Hundred House  Brazilian - Hundred House Coffee  Peruvian - Hundred House Coffee  Harry's Hot Chocolate powder  Tea - Lemongrass and Ginger  Tea - Bold Breakfast  QOC Assam Everyday Tea Organic	f3.00 /100g f2.70 /100g f2.50 /100g f2.50 /100g f6.83 /100g f4.17 /100g f5.60 /100g
CoCo Hundred House Coffee  Decaf - Hundred House  Brazilian - Hundred House Coffee  Peruvian - Hundred House Coffee  Harry's Hot Chocolate powder  Tea - Lemongrass and Ginger  Tea - Bold Breakfast  QOC Assam Everyday Tea Organic  QOC Ginger chai Organic	£3.00 /100g £2.70 /100g £2.50 /100g £2.50 /100g £6.83 /100g £4.17 /100g £5.60 /100g £6.25 /100g
CoCo Hundred House  Decaf - Hundred House  Brazilian - Hundred House Coffee  Peruvian - Hundred House Coffee  Harry's Hot Chocolate powder  Tea - Lemongrass and Ginger  Tea - Bold Breakfast  QOC Assam Everyday Tea Organic  QOC Ginger chai Organic  QOC Sencha green Organic	£3.00 /100g £2.70 /100g £2.50 /100g £2.50 /100g £6.83 /100g £4.17 /100g £5.60 /100g £6.25 /100g

# **CHOCOLATE AND SNACKS**

White chocolate covered strawberries	£3.20 /100g
Dark chocolate covered raspberries	£3.20 /100g
Raw vegan chocolate covered almonds (organic)	£4.57 /100g
Raw vegan chocolate covered mulberries (organic)	£3.26 /100g
Salted vanoffee cashews (organic)	£4.70 /100g
Milk chocolate chips	£1.58 /100g
Dark chocolate chips	£1.30 /100g
Chocbox vegan chocolates single	£0.86 each
Henley chocolate bars 40g	£1.60 each
Vegan sweets Yumintum	£1.40 /100g
Yoghurt coated banana chips	£0.80 /100g
Yoghurt coated peanuts	£0.80 /100g
Yoghurt coated raisins	£0.74 /100g
Trail mix	£0.79 /100g
Sea Salted Crisps	£1.40 /100g
Sea Salted Fava Beans	£1.19 /100g
Bombay mix	£0.52 /100g
Chewing gum - Chewsy	£1.15 each

#### **DELI AND EGGS**

Butter (from Ludlow Food Centre)	£1.04 /100g
Free Range Eggs (from Lichfield)	£0.33 each
Free Range Duck Eggs	£0.40 each
Milk semi-skimmed	£0.99/litre

# **BAKED GOODS**

Sourdough loaf - white, wholemeal or seeded	£3.30 each
Brownie from Orientee Bakery	£2.40 each
FREEZER	
Tempeh (organic)	£1.84 /100g
Sunflower seed tempeh (organic)	£2.00 /100g
Hash Browns	£0.33 /100g
Garlic breaded mushrooms	£0.62 /100g
Battered onion rings	£0.41 /100g
Spicy quinoa, beetroot and edamame burger	£1.10 each
Veggie Burgers	£0.99 each
Spinach	£0.30 /100g
Vegetable Biryani	£0.40 /100g
Mediterranean Vegetables	£0.28 /100g
Tuscan Roasting Vegetables	£0.67 /100g
Peas, beans and asparagus	£0.49 /100g
Fruit Salad - Californian	£0.49 /100g
Woodland Fruit	£0.65 /100g
Butter Croissant	£0.36 each
Maple Pecan Danish	£0.90 each
Apricot Danish	£1.05 each
Blueberry Plait	£0.99 each
Chocolate Twists	£0.99 each
Pain au Chocolat	£0.49 each

Chocolate with Chocolate Chip Cookies	£0.59 each
Pecan with White Chocolate Cookies	£0.59 each
Plain Chocolate Chip	£0.59 each
Pasty - Vegan	£2.79 each
Purse - Spinach	£3.55 each
Pizza/Focaccia Dough	£0.75 each

#### FRUIT AND VEGETABLES

Choice of fruit and vegetables will vary due to the lack of space. The availability and prices are subject to season.

Potatoes	£1.50 /kg
Brown onions	£0.80 /kg
Red onions	£1.20 /kg
Garlic bulb	£0.50 each
Carrots (bunched)	£1.60 /kg
Tomatoes (vine)	£3.00 /kg
Cherry vine tomatoes	£7.00 /kg
Butternut squash	£1.80 /kg
Calabrese broccoli	£3.80 /kg
Brocolli	£3.00 /kg
Aubergine	£3.75 /kg
Peppers Red/Yellow/Green	£0.70 each
Closed cup mushrooms	£3.00 /kg
Courgette (loose)	£2.40 /kg
Clementines (each)	£0.38 each
Oranges	£0.38 each
Lemons	£0.45 each

Limes	£0.35 each
Fairtrade Bananas	£1.80 /kg
Plums	£3.70 /kg
Cauliflower	£2.00 each
Leeks	£2.80 /kg
CLEANING PRODUCTS	
FILL Washing up liquid	£0.26 /100g
FILL Laundry Liquid - Neroli	£0.55 /100g
FILL Laundry Liquid - Unscented	£0.50 /100g
FILL Fabric Conditioner - Neroli	£0.20 /100g
FILL Hand Soap	£0.31 /100g
FILL All Purpose cleaner	£0.22 /100g
FILL Bathroom Cleaner	£0.22 /100g
FILL Kitchen Cleaner	£0.20 /100g
FILL Toilet Cleaner	£0.24/100g
FILL Floor Cleaner	£0.22 /100g
FILL Laundry Powder	£0.71 /100g
FILL Dishwasher Powder	£0.59 /100g
SESI Hand Wash & Delicate Laundry Liquid	£0.70/100g
SESI Window and Glass Cleaner	£0.20 /100g
SESI Hard Water Rinse Aid	£0.28 /100g
Organic Castile Soap	£1.20 /100g
Citric acid	£0.80 /100g
Solid dish soap bar	£10.50 each
Coconut fibre scourer	£2.20 each
Dish brush	£4.50 each

Dish brush replacement head	£2.50 each
Tawashi washing up brush	£5.00 each
EcoCoconut Washing up brushes (2-pack)	£5.00 each
EcoCoconut Dish brush	£5.00 each
Bottle brush Ecococonut	£5.50 each
Toilet brush	£5.50 each
Handmade non-sponge (2-pack)	£5.50 each
Bamboo scraper	£2.25 each
Sponge cloths - single	£1.40 each
Sponge cloths (2-pack)	£3.60 each
Coconut scraper	£2.90 each
Bottle brush	£4.00 each
Cleaning pad - loofah	£3.50 each
Bamboo clothes pegs (pack of 20)	£4.50 each
TOILETRIES	
Bodywash (liquid refill) - Cole&Co	£1.20 /100g
Shampoo (liquid refill) Cole&Co	£1.20 /100g
Conditioner (liquid refill) - Cole&Co	£1.20 /100g
Body and hand soap bars - Friendly Soap	£2.40 each
Shampoo bars - Friendly Soap	£3.10 each
Facial soap bar - Friendly Soap	£3.10 each
Shaving soap bar - Friendly Soap	£3.10 each
Hand and body soaps - Faith in Nature	£2.20 each
Selection of hand and body soaps - BournBeautiful	£3.00 each
Selection of body soaps - Primal suds	£5.00 each
Shampoo bars - Primal Suds	£5.00 each

Shampoo bars - Brighton FRoG	£5.50 each
Shampoo bars (surfactant based) - Zero Waste Path	£7.80 each
Shampoo bars - Zero Waste Path	£5.50 each
Shampoo bar for dogs - Zero Waste Path	£5.50 each
Solid conditioner bar - BournBeautiful	£4.00 each
Deodorant EarthConscious	£7.00 each
Deodorant Biork - salt crystal	£13.20 each
Denttabs (with or without fluoride	£0.05 each
Denttabs (single)	£0.05 each
Toothpaste Truthpaste	£4.70 each
Toothpaste Truthpaste 120g	£9.90 each
Bamboo toothbrush - Savesomegreen	£2.50 each
Bamboo toothbrush - Truthbrush	£4.50 each
Bamboo toothbrush - Zero waste club	£3.30 each
Dental floss - silk in a glass jar	£4.90 each
Dental floss refill - silk (pack of 2)	£6.50 each
Toilet paper 'Who Gives a Crap'	£0.80 per roll
Tissues (box)	£1.70 each
Handbalm refill - honey and orange	£1.79 /10g
Handbalm - with local honey and beeswax (tin)	£7.90 each
Lipbalms - with local beeswax (tin)	£3.80 each
Solid lotion bars - Zero Waste Path	£7.20 each
Reusable cotton facial wipes - large (set of 5)	£6.50 each
Cotton eye make up remover pads	£5.00 each
EcoFemme organic cotton day pad	£8.75 each
EcoFemme organic cotton day pad plus	£9.25 each
EcoFemme organic cotton night pad	£9.50 each

EcoFemme organic cotton panty liners (3-pack)	£11.00 each
Reusable pads Small (3-pack)	£12.60 each
Reusable pads Medium (3-pack)	£13.60 each
Reusable pads Large (3-pack)	£15.00 each
Natracare organic cotton tampons	£3.50 each
Natracare organic cotton pads	£2.60 each
Natracare organic cotton panty liners	£2.50 each
Organicup (size A or B)	£18.00 each
Bamboo pocket comb	£4.00 each
Bamboo cotton buds	£2.75 each
Bamboo soap dishes	£3.80 each
Safety razor - rose gold	£25.00 each
Safety razor - aluminium	£13.00 each
Safety razor blades (5-pack)	£1.20 each
Soap saver pouch	£3.60 each
Shower puff	£6.40 each
Plasters - Organii	£3.95 each
Scence Body Balm	£10.50 each
Scence Hand Balm	£7.50 each
Scence Lip Balm	£3.25 each
Scence Deodorant	£10.50 each
DIY INGREDIENTS	
Epsom salt	£0.70 /100g
Witch Hazel	£2.00 /100g
Beeswax pellets (cosmetic grade)	£2.00 /100g
Butter shea (Organic, Unrefined)	£1.40 /100g

Butter mango	£2.90 /100g
Wax Candelilla	£7.79 /100g
Pine resin	£3.60 /100g
Arrowroot	£1.05 /100g
Essential oil Cedarwood	£1.19 /10g
Essential oil Citronella	£1.00 /10g
Essential oil Eucalyptus	£1.99 /10g
Essential oil Lemon	£1.79 /10g
Essential oil Sweet Orange	£1.89 /10g
Essential oil Tea Tree	£1.89 /10g
Essential oils lavendar	£1.89 /10g
Essential oils Peppermint	£1.89 /10g
Vitamin E oil	£0.62 /10g
Jojoba oil	£0.72 /10g
Rosehip oil (organic)	£1.29 /10g
Argan oil (organic)	£1.10 /10g
Sweet almond oil	£1.60 /100g
Conditioner flakes (makes 1 litre)	£7.99 /30g
Custard Factory beeswax ingot	£2.00 each
HOUSEHOLD AND LIFESTYLE	
Franchi Seed Packet - variety	£2.69 each
Recycled aluminium foil - If you care	£3.90 each
Sandwich bags - If you care	£4.20 each
Baking cups - If you care	£2.00 each
Parchment paper - If you care	£5.00 each
Natural rubber gloves - If you care	£3.85 each

Straws Stainless Steel         £1.80 each           Straws Stainless Steel         £1.80 each           Beeswax wraps single (different sizes)         £3.00 - 5.00 each           Beeswax wrap (set of 3)         £12.00 each           Beeswax wrap with button         £6.50 each           Beeswax wraps - BeeFresh (different sizes)         £4.25 - 5.90 each           Beeswax wraps - BeeFresh (set of 3)         £13.00 each           Parcel tape         £3.65 each           Charcoal water filter (pack of 4)         £5.80 each           Newspaper pencils (pack of 5)         £5.00 each           Tea strainer - mug         £8.00 each           Tea strainer - basket         £4.00 each           Stainless steel pint cup         £7.00 each           Stainless steel pint cup         £7.00 each           Cullery roll         £10.50 each           Stainless steel lunch box         £18.00 each           Stainless steel snack box         £6.50 each           Vegan leather lunch bag         £15.50 each           Vegan leather snack pouch         £5.50 each           Mesh produce bags (set of 3)         £6.00 each           Insulated water bottle - 750ml         £29.00 each           Large bamboo spork         £5.00 each           Spork <t< th=""><th>Straw brushes</th><th>£1.50 each</th></t<>	Straw brushes	£1.50 each
Beeswax wraps single (different sizes)         £3.00 - 5.00 each           Beeswax wrap (set of 3)         £12.00 each           Beeswax wrap with button         £6.50 each           Beeswax wraps - BeeFresh (different sizes)         £4.25 - 5.90 each           Beeswax wraps - BeeFresh (set of 3)         £13.00 each           Parcel tape         £3.65 each           Charcoal water filter (pack of 4)         £5.80 each           Newspaper pencils (pack of 5)         £5.00 each           Tea strainer - basket         £4.00 each           Natural glue (Coccoina)         £4.50 each           Stainless steel pint cup         £7.00 each           Cutlery roll         £10.50 each           Stainless steel lunch box         £18.00 each           Stainless steel snack box         £6.50 each           Vegan leather lunch bag         £15.50 each           Vegan leather snack pouch         £5.50 each           Mesh produce bags (set of 3)         £6.00 each           Insulated water bottle - 750ml         £29.00 each           Large bamboo spork         £5.00 each           Spork         £2.25 each	Straws Bamboo	£2.50 each
Beeswax wrap (set of 3)         £12.00 each           Beeswax wrap with button         £6.50 each           Beeswax wraps - BeeFresh (different sizes)         £4.25 - 5.90 each           Beeswax wraps - BeeFresh (set of 3)         £13.00 each           Parcel tape         £3.65 each           Charcoal water filter (pack of 4)         £5.80 each           Newspaper pencils (pack of 5)         £5.00 each           Tea strainer - mug         £8.00 each           Natural glue (Coccoina)         £4.50 each           Stainless steel pint cup         £7.00 each           Cutlery roll         £10.50 each           Stainless steel lunch box         £18.00 each           Stainless steel snack box         £15.50 each           Vegan leather lunch bag         £15.50 each           Vegan leather snack pouch         £5.50 each           Mesh produce bags (set of 3)         £6.00 each           Insulated water bottle - 750ml         £29.00 each           Large bamboo spork         £5.00 each           Spork         £2.25 each	Straws Stainless Steel	£1.80 each
Beeswax wrap with button£6.50 eachBeeswax wraps - BeeFresh (different sizes)£4.25 - 5.90 eachBeeswax wraps - BeeFresh (set of 3)£13.00 eachParcel tape£3.65 eachCharcoal water filter (pack of 4)£5.80 eachNewspaper pencils (pack of 5)£5.00 eachTea strainer - mug£8.00 eachTea strainer - basket£4.00 eachNatural glue (Coccoina)£4.50 eachStainless steel pint cup£7.00 eachGlass coffee cup£12.90 eachStainless steel lunch box£18.00 eachStainless steel snack box£6.50 eachVegan leather lunch bag£15.50 eachVegan leather snack pouch£5.50 eachMesh produce bags (set of 3)£6.00 eachInsulated water bottle - 750ml£29.00 eachLarge bamboo spork£5.00 eachEarge bamboo spork£5.00 eachSpork£2.25 each	Beeswax wraps single (different sizes)	£3.00 - 5.00 each
Beeswax wraps - BeeFresh (different sizes)         £4.25 - 5.90 each           Beeswax wraps - BeeFresh (set of 3)         £13.00 each           Parcel tape         £3.65 each           Charcoal water filter (pack of 4)         £5.80 each           Newspaper pencils (pack of 5)         £5.00 each           Tea strainer - mug         £8.00 each           Tea strainer - basket         £4.00 each           Natural glue (Coccoina)         £4.50 each           Stainless steel pint cup         £7.00 each           Cutlery roll         £10.50 each           Stainless steel lunch box         £18.00 each           Stainless steel snack box         £6.50 each           Vegan leather lunch bag         £15.50 each           Vegan leather snack pouch         £5.50 each           Mesh produce bags (set of 3)         £6.00 each           Insulated water bottle - 750ml         £29.00 each           Large bamboo spork         £5.00 each           Spork         £2.25 each	Beeswax wrap (set of 3)	£12.00 each
Beeswax wraps - BeeFresh (set of 3)         £13.00 each           Parcel tape         £3.65 each           Charcoal water filter (pack of 4)         £5.80 each           Newspaper pencils (pack of 5)         £5.00 each           Tea strainer - mug         £8.00 each           Tea strainer - basket         £4.00 each           Natural glue (Coccoina)         £4.50 each           Stainless steel pint cup         £7.00 each           Cutlery roll         £10.50 each           Stainless steel lunch box         £18.00 each           Stainless steel snack box         £6.50 each           Vegan leather lunch bag         £15.50 each           Vegan leather snack pouch         £5.50 each           Mesh produce bags (set of 3)         £6.00 each           Insulated water bottle - 750ml         £29.00 each           Large bamboo spork         £5.00 each           Spork         £2.25 each	Beeswax wrap with button	£6.50 each
Parcel tape         £3.65 each           Charcoal water filter (pack of 4)         £5.80 each           Newspaper pencils (pack of 5)         £5.00 each           Tea strainer - mug         £8.00 each           Tea strainer - basket         £4.00 each           Natural glue (Coccoina)         £4.50 each           Stainless steel pint cup         £7.00 each           Cutlery roll         £10.50 each           Stainless offee cup         £18.00 each           Stainless steel lunch box         £18.00 each           Vegan leather lunch bag         £15.50 each           Vegan leather snack pouch         £5.50 each           Mesh produce bags (set of 3)         £6.00 each           Insulated water bottle - 750ml         £29.00 each           Large bamboo spork         £5.00 each           Spork         £2.25 each	Beeswax wraps - BeeFresh (different sizes)	£4.25 - 5.90 each
Charcoal water filter (pack of 4)£5.80 eachNewspaper pencils (pack of 5)£5.00 eachTea strainer - mug£8.00 eachTea strainer - basket£4.00 eachNatural glue (Coccoina)£4.50 eachStainless steel pint cup£7.00 eachCutlery roll£10.50 eachGlass coffee cup£12.90 eachStainless steel lunch box£18.00 eachStainless steel snack box£6.50 eachVegan leather lunch bag£15.50 eachVegan leather snack pouch£5.50 eachMesh produce bags (set of 3)£6.00 eachInsulated water bottle - 750ml£29.00 eachLarge bamboo spork£5.00 eachSpork£2.25 each	Beeswax wraps - BeeFresh (set of 3)	£13.00 each
Newspaper pencils (pack of 5)£5.00 eachTea strainer - mug£8.00 eachTea strainer - basket£4.00 eachNatural glue (Coccoina)£4.50 eachStainless steel pint cup£7.00 eachCutlery roll£10.50 eachGlass coffee cup£12.90 eachStainless steel lunch box£18.00 eachStainless steel snack box£6.50 eachVegan leather lunch bag£15.50 eachVegan leather snack pouch£5.50 eachMesh produce bags (set of 3)£6.00 eachInsulated water bottle - 750ml£29.00 eachLarge bamboo spork£5.00 eachSpork£2.25 each	Parcel tape	£3.65 each
Tea strainer - mug         £8.00 each           Tea strainer - basket         £4.00 each           Natural glue (Coccoina)         £4.50 each           Stainless steel pint cup         £7.00 each           Cutlery roll         £10.50 each           Glass coffee cup         £12.90 each           Stainless steel lunch box         £18.00 each           Stainless steel snack box         £6.50 each           Vegan leather lunch bag         £15.50 each           Vegan leather snack pouch         £5.50 each           Mesh produce bags (set of 3)         £6.00 each           Insulated water bottle - 750ml         £29.00 each           Insulater water bottle - 500ml         £23.00 each           Large bamboo spork         £5.00 each           Spork         £2.25 each	Charcoal water filter (pack of 4)	£5.80 each
Tea strainer - basket£4.00 eachNatural glue (Coccoina)£4.50 eachStainless steel pint cup£7.00 eachCutlery roll£10.50 eachGlass coffee cup£12.90 eachStainless steel lunch box£18.00 eachStainless steel snack box£6.50 eachVegan leather lunch bag£15.50 eachVegan leather snack pouch£5.50 eachMesh produce bags (set of 3)£6.00 eachInsulated water bottle - 750ml£29.00 eachInsulater water bottle - 500ml£23.00 eachLarge bamboo spork£5.00 eachSpork£2.25 each	Newspaper pencils (pack of 5)	£5.00 each
Natural glue (Coccoina)£4.50 eachStainless steel pint cup£7.00 eachCutlery roll£10.50 eachGlass coffee cup£12.90 eachStainless steel lunch box£18.00 eachStainless steel snack box£6.50 eachVegan leather lunch bag£15.50 eachVegan leather snack pouch£5.50 eachMesh produce bags (set of 3)£6.00 eachInsulated water bottle - 750ml£23.00 eachLarge bamboo spork£5.00 eachSpork£2.25 each	Tea strainer - mug	£8.00 each
Stainless steel pint cup£7.00 eachCutlery roll£10.50 eachGlass coffee cup£12.90 eachStainless steel lunch box£18.00 eachStainless steel snack box£6.50 eachVegan leather lunch bag£15.50 eachVegan leather snack pouch£5.50 eachMesh produce bags (set of 3)£6.00 eachInsulated water bottle - 750ml£23.00 eachLarge bamboo spork£5.00 eachSpork£2.25 each	Tea strainer - basket	£4.00 each
Cutlery roll         £10.50 each           Glass coffee cup         £12.90 each           Stainless steel lunch box         £18.00 each           Stainless steel snack box         £6.50 each           Vegan leather lunch bag         £15.50 each           Vegan leather snack pouch         £5.50 each           Mesh produce bags (set of 3)         £6.00 each           Insulated water bottle - 750ml         £29.00 each           Insulater water bottle - 500ml         £23.00 each           Large bamboo spork         £5.00 each           Spork         £2.25 each	Natural glue (Coccoina)	£4.50 each
Glass coffee cup£12.90 eachStainless steel lunch box£18.00 eachStainless steel snack box£6.50 eachVegan leather lunch bag£15.50 eachVegan leather snack pouch£5.50 eachMesh produce bags (set of 3)£6.00 eachInsulated water bottle - 750ml£29.00 eachInsulater water bottle - 500ml£23.00 eachLarge bamboo spork£5.00 eachSpork£2.25 each	Stainless steel pint cup	£7.00 each
Stainless steel lunch box£18.00 eachStainless steel snack box£6.50 eachVegan leather lunch bag£15.50 eachVegan leather snack pouch£5.50 eachMesh produce bags (set of 3)£6.00 eachInsulated water bottle - 750ml£29.00 eachInsulater water bottle - 500ml£23.00 eachLarge bamboo spork£5.00 eachSpork£2.25 each	Cutlery roll	£10.50 each
Stainless steel snack box£6.50 eachVegan leather lunch bag£15.50 eachVegan leather snack pouch£5.50 eachMesh produce bags (set of 3)£6.00 eachInsulated water bottle - 750ml£29.00 eachInsulater water bottle - 500ml£23.00 eachLarge bamboo spork£5.00 eachSpork£2.25 each	Glass coffee cup	£12.90 each
Vegan leather lunch bag£15.50 eachVegan leather snack pouch£5.50 eachMesh produce bags (set of 3)£6.00 eachInsulated water bottle - 750ml£29.00 eachInsulater water bottle - 500ml£23.00 eachLarge bamboo spork£5.00 eachSpork£2.25 each	Stainless steel lunch box	£18.00 each
Vegan leather snack pouch£5.50 eachMesh produce bags (set of 3)£6.00 eachInsulated water bottle - 750ml£29.00 eachInsulater water bottle - 500ml£23.00 eachLarge bamboo spork£5.00 eachSpork£2.25 each	Stainless steel snack box	£6.50 each
Mesh produce bags (set of 3)£6.00 eachInsulated water bottle - 750ml£29.00 eachInsulater water bottle - 500ml£23.00 eachLarge bamboo spork£5.00 eachSpork£2.25 each	Vegan leather lunch bag	£15.50 each
Insulated water bottle - 750ml £23.00 each  Insulater water bottle - 500ml £23.00 each  Large bamboo spork £5.00 each  Spork £2.25 each	Vegan leather snack pouch	£5.50 each
Insulater water bottle - 500ml £23.00 each Large bamboo spork £5.00 each Spork £2.25 each	Mesh produce bags (set of 3)	£6.00 each
Large bamboo spork £5.00 each Spork £2.25 each	Insulated water bottle - 750ml	£29.00 each
Spork £2.25 each	Insulater water bottle - 500ml	£23.00 each
	Large bamboo spork	£5.00 each
Spork Kids £3.50 each	Spork	£2.25 each
	Spork Kids	£3.50 each

Paper kraft brown (1m)	£0.37/metre
Crochet Hook - 5mm and under	£1.00 each
Crochet Hook - over 5mm	£2.00 each
Children's books (Wild Tribe Heroes)	£7.99/each
Kambloom Seed Bombs	£3.80 each
BOTTLES, BAGS AND CONTAINERS	
Jute bags (TCK)	£3.50 each
Produce bag TCK (large)	£4.70 each
Produce bag TCK (small)	£4.20 each
Produce bags TCK (med)	£4.50 each
Swing top bottle	£3.10 each
500ml milk/orange juice bottles	£1.36 each
1l milk/orange juice bottle	£2.20 each
500mL oil bottle	£1.80 each
Swing top bottle	£3.10 each
Square metal caddie (small)	£5.10 each
250ml aluminium bottle with lid	£1.50 each
500ml aluminium bottle with lid	£2.40 each
Pump/spray attachment	£0.40 each
20ml amber glass bottle	£0.80 each
60ml clear glass bottle	£1.00 each
100mk clear glass bottle	£1.00 each
Mini glass jar (1oz)	£0.58 each
Jam jar (750ml)	£1.60 each
Jam jar large (11)	£1.65 each
Jam Jar octagonal	£1.25 each

Jam Jar small (380ml)	£0.90 each
Jam jar square	£1.15 each
Spice pots	£0.96 each
Spice tin	£2.00 each
Salt/Pepper grinder	£1.44 each
FILL spray/pump bottle	£2.60 each
FILL bottle	£2.40 each
FILL Laundry/dishwasher powder jar	£2.90 each

Please note that we will not always have all of the fruit and vegetables available. We try to stock the things which are in season and local as much as possible.

N.B. Prices are subject to changes

Zero waste gig/festival cup         7.00 each           Gig/festival cup lanyard         2.30 each           Stainless steel drinking bottle (550mL)         15.00 each           Stainless steel drinking bottle (750mL)         19.00 each           Sports cap         2.70 each           1000mL aluminium bottle with lid         4.00 each           15ml aluminium bottle with lid         4.00 each           Aluminium soap/moisturiser dispenser         3.90 each           Tea Caddies         3.00 each           Aluminium soap/moisturiser dispenser         3.90 each           Tea Caddies         3.00 each           Aluminium soap/moisturiser dispenser         3.90 each           Tea Caddies         3.00 each           Glip top spice jar         2.45 each           Square metal caddie (large)         6.10 each           Frozen Sweetcorn         2.50 /100g           Square metal caddie (large)         6.10 each           Frozen Sweetcorn         2.50 /100g           Square metal caddie (large)         6.10 each           Fozer Sweet Potato Chips         0.23 /100g           Potatoe - Gratin         0.85 /each           Potatoe - Spicy Wedges         0.27 /100g           Salted Peanut Butter (make your own!)         0.85 /100g		
Stainless steel drinking bottle (550mL) Stainless steel drinking bottle (750mL) Sports cap 2.70 each 19.00 each Sports cap 2.70 each 1000mL aluminium bottle with lid 4.00 each Aluminium soap/moisturiser dispenser 3.90 each Tea Caddies Clip top spice jar Square metal caddie (large) Frozen Sweetcorn Yorkshire Puddings Potato - Gratin Potato - Gratin Potato - Gratin Potatos - Spicy Wedges Salted Peanut Butter (make your own!) Peanuts (organic) Nut roast mix (organic) Cacao Nibs Sweetened (organic) Punes Pitted (organic) Cardina Sweetcon (1.40 /100g Greek Yoghurt (from Ludlow Food Centre) Vegetarian sausage rolls Black olive tapenade Gordal olives with chilli Kalamata olives with paguette Spica accade Pain au chocolate Orientee Pastel de Nata Pumpernickel Bread Vegetable Samosa Cheese and Onion Pasty Vegetable Samosa L10 each Vegetable Samosa	Zero waste gig/festival cup	7.00 each
Stainless steel drinking bottle (750mL)  Sports cap  2.70 each  2.70 each  1000mL aluminium bottle with lid  7.00 each  15ml aluminium bottle with lid  Aluminium soap/moisturiser dispenser  Tea Caddies  3.00 each  Tea Caddies  3.00 each  3.00	Gig/festival cup lanyard	2.30 each
Sports cap   2.70 each   1000mL aluminium bottle with lid   7.00 each   15ml aluminium bottle with lid   4.00 each   Aluminium soap/moisturiser dispenser   3.90 each   Tea Caddies   3.00 each   Tea Caddies   3.00 each   5ml aluminium soap/moisturiser dispenser   3.90 each   Tea Caddies   3.00 each   5ml aluminium soap/moisturiser dispenser   3.45 each   5quare metal caddie (large)   6.10 each   5rozen Sweetcorn   2.50 /100g   7orkshire Puddings   0.99 each   7orato - Gratin   0.85 /each   7otato - Gratin   0.85 /each   7otato - Gratin   0.85 /each   7otato - Steak House Fries   0.23 /100g   7otatoes - Sweet Potato Chips   0.57 /100g   7otatoes - Sweet Potato Chips   0.57 /100g   7otatoes - Spicy Wedges   0.25 /100g   7otatoes - Spicy Wedges   7otatoes - Spicy Wedges   7otatoes - Spicy	Stainless steel drinking bottle (550mL)	15.00 each
1000mt aluminium bottle with lid         7.00 each           15ml aluminium bottle with lid         4.00 each           Aluminium soap/moisturiser dispenser         3.90 each           Tea Caddies         3.00 each           clip top spice jar         2.45 each           Square metal caddie (large)         6.10 each           Frozen Sweetcorn         2.50 /100g           Yorkshire Puddings         0.99 each           Potato - Gratin         0.85 /each           Potato Chips - Steak House Fries         0.23 /100g           Potatoes - Sweet Potato Chips         0.57 /100g           Potatoes - Spicy Wedges         0.25 /100g           Salted Peanut Butter (make your own!)         0.85 /100g           Peanuts (organic)         0.49 /100g           Nut roast mix (organic) - seasonal         2.90 /100g           Cacao Nibs Sweetened (organic)         2.80 /100g           Caddied orange oeel (organic)         1.31 /100g           Prunes Pitted (organic)         1.31 /100g           Greek Yoghurt (from Ludlow Food Centre)         0.7 /100g           Vegetarian sausage rolls         2.20 each           Black olive tapenade         1.17 /100g           Gordal olives with chilli         1.70 /100g           Kalamata olives with parsley and garl	Stainless steel drinking bottle (750mL)	19.00 each
15ml aluminium bottle with lid         4.00 each           Aluminium soap/moisturiser dispenser         3.90 each           Tea Caddies         3.00 each           clip top spice jar         2.45 each           Square metal caddie (large)         6.10 each           Frozen Sweetcorn         2.50 /100g           Yorkshire Puddings         0.99 each           Potato - Gratin         0.85 /each           Potato Chips - Steak House Fries         0.23 /100g           Potatoes - Sweet Potato Chips         0.57 /100g           Potatoes - Spicy Wedges         0.25 /100g           Salted Peanut Butter (make your own!)         0.85 /100g           Peanuts (organic)         0.49 /100g           Nut roast mix (organic) - seasonal         2.90 /100g           Cacao Nibs Sweetened (organic)         2.80 /100g           Candied orange oeel (organic)         1.31 /100g           Prunes Pitted (organic)         1.40 /100g           Greek Yoghurt (from Ludlow Food Centre)         0.7 /100g           Vegetarian sausage rolls         2.20 each           Black olive tapenade         1.17 /100g           Gordal olives with chilli         1.70 /100g           Kalmata olives with parsley and garlic         1.70 /100g           Pita Bread (locally made)	Sports cap	2.70 each
Aluminium soap/moisturiser dispenser 3.90 each Tea Caddies 3.00 each Clip top spice jar 2.45 each Square metal caddie (large) 6.10 each Frozen Sweetcorn 2.50 /100g Yorkshire Puddings 0.99 each Potato - Gratin 0.85 /each Potato - Gratin 0.85 /each Potato - Gratin 0.57 /100g Potatoes - Sweet Potato Chips 0.57 /100g Potatoes - Spicy Wedges 0.25 /100g Salted Peanut Butter (make your own!) 0.85 /100g Peanuts (organic) 0.49 /100g Nut roast mix (organic) - seasonal 2.90 /100g Cacao Nibs Sweetened (organic) 1.31 /100g Prunes Pitted (organic) 1.31 /100g Prunes Pitted (organic) 1.40 /100g Greek Yoghurt (from Ludlow Food Centre) 0.7 /100g Vegetarian scotch eggs 3.00 each Vegetarian sausage rolls 2.20 each Black olive tapenade 1.17 /100g Gordal olives with chilli 1.70 /100g Rita Bread (locally made) 0.55 each S pita breads 2.25 each Rosemary focaccia 2.50 /slice Sourdough baguette 3.00 each Focaccia 2.50 each Pastel de Nata 1.80 each Pumpernickel Bread 2.80 each Wegetable Samosa 1.10 each Vegetable Samosa 1.10 each	1000mL aluminium bottle with lid	7.00 each
Tea Caddies 3.00 each clip top spice jar 2.45 each Square metal caddie (large) 6.10 each Frozen Sweetcorn 2.50 /100g Yorkshire Puddings 0.99 each Potato - Gratin 0.85 /each Potato Chips - Steak House Fries 0.23 /100g Potatoes - Sweet Potato Chips 0.25 /100g Salted Peanut Butter (make your own!) 0.85 /100g Peanuts (organic) 0.49 /100g Nut roast mix (organic) - seasonal 2.90 /100g Cacao Nibs Sweetened (organic) 2.80 /100g Graded orange oeel (organic) 1.31 /100g Greek Yoghurt (from Ludlow Food Centre) 0.7 /100g Greek Yoghurt (from Ludlow Food Centre) 0.7 /100g Greek Yoghurt (swith chilli 1.70 /100g Kalamata olives with parsley and garlic 1.70 /100g Gread (locally made) 0.55 each Spita breads 2.25 each Rosemary focaccia 2.50 /slice Sourdough baguette 3.00 each Vegetarian sucoccia 2.50 /slice Sourdough baguette 3.00 each Pastel de Nata 1.80 each Pastel de Nata 1.80 each Pumpernickel Bread (locally made) 2.80 each Vegetable Samosa 1.10 each Cheese and Onion Pasty 2.60 each Cheese and	15ml aluminium bottle with lid	4.00 each
clip top spice jar 2.45 each Square metal caddie (large) 6.10 each Frozen Sweetcorn 2.50 /100g Yorkshire Puddings 0.99 each Potato - Gratin 0.85 /each Potato Chips - Steak House Fries 0.23 /100g Potatoes - Sweet Potato Chips 0.57 /100g Potatoes - Syeet Potato Chips 0.25 /100g Salted Peanut Butter (make your own!) 0.85 /00g Peanuts (organic) 0.49 /100g Nut roast mix (organic) - seasonal 2.99 /100g Cacao Nibs Sweetened (organic) 2.80 /100g Prunes Pitted (organic) 1.31 /100g Prunes Pitted (organic) 1.40 /100g Greek Yoghurt (from Ludlow Food Centre) 0.7 /100g Vegetarian scotch eggs 3.00 each Vegetarian sausage rolls 1.17 /100g Gordal olives with chilli 1.70 /100g Kalamata olives with parsley and garlic 1.70 /100g Pita Bread (locally made) 0.55 each S pita breads 2.25 each Rosemary focaccia 2.50 /slice Sourdough baguette 3.00 each Focaccia 2.50 /slice Sourdough baguette 3.00 each Pain au chocolate Orientee 2.15 each Almond Croissants Orientee 2.60 each Pastel de Nata 1.80 each Pumpernickel Bread 2.80 each Wegetable Samosa 1.10 each Cheese and Onion Pasty 2.60 each	Aluminium soap/moisturiser dispenser	3.90 each
Square metal caddie (large)  Frozen Sweetcorn  2.50 /100g Yorkshire Puddings  0.99 each Potato - Gratin  0.85 /each Potato Chips - Steak House Fries  0.23 /100g Potatoes - Sweet Potato Chips  Potatoes - Syeet Potato Chips  O.25 /100g Salted Peanut Butter (make your own!)  Peanuts (organic)  Nut roast mix (organic) - seasonal  Cacao Nibs Sweetened (organic)  Candied orange oeel (organic)  Prunes Pitted (organic)  Greek Yoghurt (from Ludlow Food Centre)  Vegetarian scotch eggs  Negetarian scotch eggs  Rodrad olives with chilli  Dirdrad olives with chilli  Carda (locally made)  Pita Bread (locally made)  Spita Breads  Sourdough baguette  Focaccia  Pain au chocolate Orientee  Almond Croissants Orientee  Pastel de Nata  Pumpernickel Bread  Vegetable Samosa  1.10 each  Vegetable Samosa  Cheese and Onion Pasty  Caco Rose  Caco each  Cheese and Onion Pasty  Caco Caci	Tea Caddies	3.00 each
Frozen Sweetcorn  2.50 /100g Yorkshire Puddings  0.99 each Potato - Gratin  0.85 /each Potato Chips - Steak House Fries  0.23 /100g Potatoes - Sweet Potato Chips  0.57 /100g Potatoes - Spicy Wedges  3.25 /100g Salted Peanut Butter (make your own!)  Peanuts (organic)  Nut roast mix (organic) - seasonal  Cacao Nibs Sweetened (organic)  Candied orange oeel (organic)  Prunes Pitted (organic)  Greek Yoghurt (from Ludlow Food Centre)  Vegetarian scotch eggs  3.00 each Vegetarian sausage rolls  Black olive tapenade  1.17 /100g Gordal olives with chilli  Kalamata olives with parsley and garlic  Pita Bread (locally made)  5 pita Breads  Sourdough baguette  Focaccia  Posted Nata Pumpernickel Bread  Almond Croissants Orientee  Pastel de Nata Pumpernickel Bread  Vegetable Samosa  1.10 each Vegetable Samosa  1.10 each Cheese and Onion Pasty  2.60 each	clip top spice jar	2.45 each
Yorkshire Puddings  O.99 each Potato - Gratin  O.85 /each Potato Chips - Steak House Fries  O.23 /100g Potatoes - Sweet Potato Chips  O.57 /100g Potatoes - Spicy Wedges  Salted Peanut Butter (make your own!)  Peanuts (organic)  Nut roast mix (organic) - seasonal  Cacao Nibs Sweetened (organic)  Cardied orange oeel (organic)  Prunes Pitted (organic)  Greek Yoghurt (from Ludlow Food Centre)  Vegetarian scotch eggs  3.00 each Vegetarian sausage rolls  Black olive tapenade  Gordal olives with chilli  Kalamata olives with parsley and garlic  Pita Bread (locally made)  S pita breads  Rosemary focaccia  Sourdough baguette  Focaccia  Pain au chocolate Orientee  Almond Croissants Orientee  Pastel de Nata  Pumpernickel Bread  Vegetable Samosa  1.10 each  Vegetable Samosa  1.10 each  Cheese and Onion Pasty  2.26 each  1.10 each  Cheese and Onion Pasty  2.26 each	Square metal caddie (large)	6.10 each
Potato - Gratin  Potato Chips - Steak House Fries  Potato Chips - Sweet Potato Chips  Potatoes - Sweet Potato Chips  Potatoes - Spicy Wedges  Salted Peanut Butter (make your own!)  Peanuts (organic)  Nut roast mix (organic) - seasonal  Cacao Nibs Sweetened (organic)  Prunes Pitted (organic)  Greek Yoghurt (from Ludlow Food Centre)  Vegetarian scotch eggs  Vegetarian sausage rolls  Black olive tapenade  Black olive tapenade  Gordal olives with chilli  Kalamata olives with parsley and garlic  Pita Bread (locally made)  S pita breads  Rosemary focaccia  Sourdough baguette  Focaccia  Pain au chocolate Orientee  Almond Croissants Orientee  Almond Croissants Orientee  Pastel de Nata  Pumpernickel Bread  Vegetable Samosa  Cheese and Onion Pasty  2.26 each  Cheese and Onion Pasty  2.26 each  Cedesch  Cada Clives with chill and	Frozen Sweetcorn	2.50 /100g
Potato Chips - Steak House Fries  O.23 /100g Potatoes - Sweet Potato Chips  Potatoes - Spicy Wedges  Salted Peanut Butter (make your own!)  Peanuts (organic)  Nut roast mix (organic) - seasonal  Cacao Nibs Sweetened (organic)  Candied orange oeel (organic)  Prunes Pitted (organic)  Greek Yoghurt (from Ludlow Food Centre)  Vegetarian scotch eggs  Vegetarian sausage rolls  Black olive tapenade  Diato Jin	Yorkshire Puddings	0.99 each
Potatoes - Sweet Potato Chips Potatoes - Spicy Wedges O.25 / 100g Salted Peanut Butter (make your own!) Peanuts (organic) O.49 / 100g Nut roast mix (organic) - seasonal Cacao Nibs Sweetened (organic) Candied orange oeel (organic) Prunes Pitted (organic) O.7 / 100g Greek Yoghurt (from Ludlow Food Centre) Vegetarian scotch eggs Ocada olives with chilli Ocada olives with chilli Ocada olives with parsley and garlic Spita breads Spita breads Sourdough baguette Focaccia Pain au chocolate Orientee Almond Croissants Orientee Pastel de Nata Pumpernickel Bread Wegetable Samosa Cheese and Onion Pasty O.49 / 100g O.25 / 100g O.25 / 100g O.26 / 100g O.27 / 100g O.28 / 100g O.29 / 10	Potato - Gratin	0.85 /each
Potatoes - Spicy Wedges  Salted Peanut Butter (make your own!)  Peanuts (organic)  Nut roast mix (organic) - seasonal  Cacao Nibs Sweetened (organic)  Candied orange oeel (organic)  Prunes Pitted (organic)  Greek Yoghurt (from Ludlow Food Centre)  Vegetarian scotch eggs  Vegetarian sausage rolls  Black olive tapenade  Gordal olives with chilli  Kalamata olives with parsley and garlic  Pita Bread (locally made)  5 pita breads  Council Bread (locally made)  Council Bread (locally made)  Council Bread (locally made)  Council Bread (locally Balante)  Council Bread (locally Balante)  Council Bread (locally Balante)  Council Bread (locally Balante)  Council Bread (locally Bread)  Council	Potato Chips - Steak House Fries	0.23 /100g
Salted Peanut Butter (make your own!)  Peanuts (organic)  Nut roast mix (organic) - seasonal  Cacao Nibs Sweetened (organic)  Candied orange oeel (organic)  Prunes Pitted (organic)  Greek Yoghurt (from Ludlow Food Centre)  Vegetarian scotch eggs  Nuter tapenade  Gordal olives with chilli  Salmata olives with parsley and garlic  Fita Bread (locally made)  Spirabreads  Sourdough baguette  Sourdough baguette  Almond Croissants Orientee  Pastel de Nata  Pumpernickel Bread  Vegetable Samosa  Cheese and Onion Pasty  2.90 /100g  2.80 /100g  1.31 /100g  1.40 /100g  1.40 /100g  1.70 /	Potatoes - Sweet Potato Chips	0.57 /100g
Peanuts (organic) 0.49 /100g Nut roast mix (organic) - seasonal 2.90 /100g Cacao Nibs Sweetened (organic) 2.80 /100g Candied orange oeel (organic) 1.31 /100g Prunes Pitted (organic) 1.40 /100g Greek Yoghurt (from Ludlow Food Centre) 0.7 /100g Vegetarian scotch eggs 3.00 each Vegetarian sausage rolls 2.20 each Black olive tapenade 1.17 /100g Gordal olives with chilli 1.70 /100g Kalamata olives with parsley and garlic 1.70 /100g Pita Bread (locally made) 0.55 each 5 pita breads 2.25 each Rosemary focaccia 2.50 /slice Sourdough baguette 3.00 each Focaccia 2.50 /slice Sourdough baguette 3.00 each Pain au chocolate Orientee 2.15 each Almond Croissants Orientee 2.60 each Pastel de Nata 1.80 each Pumpernickel Bread 2.80 each Walnut Bread 2.80 each Vegetable Samosa 1.10 each Cheese and Onion Pasty 2.60 each	Potatoes - Spicy Wedges	0.25 /100g
Nut roast mix (organic) - seasonal  Cacao Nibs Sweetened (organic)  Candied orange oeel (organic)  Prunes Pitted (organic)  Greek Yoghurt (from Ludlow Food Centre)  Vegetarian scotch eggs  3.00 each  Vegetarian sausage rolls  Black olive tapenade  Gordal olives with chilli  1.70 /100g  Kalamata olives with parsley and garlic  Pita Bread (locally made)  5 pita breads  Cacacia  Rosemary focaccia  Sourdough baguette  Focaccia  Pain au chocolate Orientee  Almond Croissants Orientee  Pastel de Nata  Pumpernickel Bread  Vegetable Samosa  1.10 each  Cheese and Onion Pasty  2.80 each  2.60 each  Cheese and Onion Pasty  2.80 each  Cheese and Onion Pasty  2.80 each	Salted Peanut Butter (make your own!)	0.85 /100g
Cacao Nibs Sweetened (organic)  Candied orange oeel (organic)  Prunes Pitted (organic)  Greek Yoghurt (from Ludlow Food Centre)  Vegetarian scotch eggs  Vegetarian sausage rolls  Black olive tapenade  Gordal olives with chilli  Land /100g  Fita Bread (locally made)  5 pita breads  Rosemary focaccia  Sourdough baguette  Focaccia  Pain au chocolate Orientee  Almond Croissants Orientee  Pumpernickel Bread  Vegetable Samosa  Land /100g  2.80 /100g  1.40 /100g  1.70 /100g  1.70 /100g  1.70 /100g  1.70 /100g  2.50 /slice  3.00 each  2.50 each  2.50 each  2.50 each  2.50 each  2.60 each  2.80 each  Vegetable Samosa  1.10 each  Cheese and Onion Pasty  2.60 each	Peanuts (organic)	0.49 /100g
Candied orange oeel (organic) Prunes Pitted (organic) Greek Yoghurt (from Ludlow Food Centre) Vegetarian scotch eggs 3.00 each Vegetarian sausage rolls Black olive tapenade Black olives with chilli 1.70 /100g Gordal olives with chilli 1.70 /100g Kalamata olives with parsley and garlic Pita Bread (locally made) 5 pita breads Rosemary focaccia Courdough baguette 3.00 each Focaccia Pain au chocolate Orientee Almond Croissants Orientee Pastel de Nata Pumpernickel Bread Vegetable Samosa 1.10 each Cheese and Onion Pasty 1.40 /100g 1.40 /10	Nut roast mix (organic) - seasonal	2.90 /100g
Prunes Pitted (organic) Greek Yoghurt (from Ludlow Food Centre) Vegetarian scotch eggs 3.00 each Vegetarian sausage rolls 2.20 each Black olive tapenade 1.17 /100g Gordal olives with chilli 1.70 /100g Kalamata olives with parsley and garlic Pita Bread (locally made) 5 pita breads 2.25 each Rosemary focaccia 2.50 /slice Sourdough baguette 3.00 each Pain au chocolate Orientee Almond Croissants Orientee Pastel de Nata Pumpernickel Bread Vegetable Samosa 1.10 each Cheese and Onion Pasty 2.26 each	Cacao Nibs Sweetened (organic)	2.80 /100g
Greek Yoghurt (from Ludlow Food Centre)  Vegetarian scotch eggs  3.00 each Vegetarian sausage rolls  2.20 each Black olive tapenade  1.17 /100g Gordal olives with chilli  1.70 /100g Kalamata olives with parsley and garlic  Pita Bread (locally made)  5 pita breads  2.25 each Rosemary focaccia  2.50 /slice Sourdough baguette  3.00 each Focaccia  Pain au chocolate Orientee  Almond Croissants Orientee  2.50 each Pastel de Nata  Pumpernickel Bread  2.80 each Walnut Bread  Vegetable Samosa  1.10 each Cheese and Onion Pasty  2.20 each 3.00 each 2.50 each	Candied orange oeel (organic)	1.31 /100g
Vegetarian scotch eggs3.00 eachVegetarian sausage rolls2.20 eachBlack olive tapenade1.17 /100gGordal olives with chilli1.70 /100gKalamata olives with parsley and garlic1.70 /100gPita Bread (locally made)0.55 each5 pita breads2.25 eachRosemary focaccia2.50 /sliceSourdough baguette3.00 eachFocaccia2.50 eachPain au chocolate Orientee2.15 eachAlmond Croissants Orientee2.60 eachPastel de Nata1.80 eachPumpernickel Bread2.80 eachWalnut Bread2.80 eachVegetable Samosa1.10 eachCheese and Onion Pasty2.60 each	Prunes Pitted (organic)	1.40 /100g
Vegetarian sausage rolls  2.20 each Black olive tapenade  3.17 /100g Gordal olives with chilli  1.70 /100g Kalamata olives with parsley and garlic  Pita Bread (locally made)  5 pita breads  Rosemary focaccia  2.25 each Rosemary focaccia  2.50 /slice Sourdough baguette  5 ourdough baguette  7 coaccia  2.50 each Pain au chocolate Orientee  Almond Croissants Orientee  2.15 each Pastel de Nata  1.80 each Pumpernickel Bread  2.80 each Walnut Bread  2.80 each Vegetable Samosa  1.10 each Cheese and Onion Pasty  2.60 each	Greek Yoghurt (from Ludlow Food Centre)	0.7 /100g
Black olive tapenade 1.17 /100g Gordal olives with chilli 1.70 /100g Kalamata olives with parsley and garlic 1.70 /100g Pita Bread (locally made) 0.55 each 5 pita breads 2.25 each Rosemary focaccia 2.50 /slice Sourdough baguette 3.00 each Focaccia 2.50 each Pain au chocolate Orientee 2.15 each Almond Croissants Orientee 2.60 each Pastel de Nata 1.80 each Pumpernickel Bread 2.80 each Walnut Bread 2.80 each Vegetable Samosa 1.10 each Cheese and Onion Pasty 2.60 each	Vegetarian scotch eggs	3.00 each
Gordal olives with chilli  1.70 /100g Kalamata olives with parsley and garlic  Pita Bread (locally made)  5 pita breads  Courdough baguette  Sourdough baguette  Focaccia  Pain au chocolate Orientee  Almond Croissants Orientee  Pastel de Nata  Pumpernickel Bread  Vegetable Samosa  Cheese and Onion Pasty  1.70 /100g  1	Vegetarian sausage rolls	2.20 each
Kalamata olives with parsley and garlic  Pita Bread (locally made)  5 pita breads  2.25 each Rosemary focaccia  2.50 /slice Sourdough baguette  Focaccia  Pain au chocolate Orientee  Almond Croissants Orientee  Pastel de Nata  Pumpernickel Bread  Walnut Bread  Cheese and Onion Pasty  1.70 /100g  1.70 /100g	Black olive tapenade	1.17 /100g
Pita Bread (locally made)  5 pita breads  Courdough baguette  Sourdough baguette  Focaccia  Pain au chocolate Orientee  Almond Croissants Orientee  Pastel de Nata  Pumpernickel Bread  Walnut Bread  Vegetable Samosa  1.10 each  Cheese and Onion Pasty  2.25 each  2.50 /slice  3.00 each  2.50 each  2.50 each  2.60 each  2.60 each  1.80 each  2.80 each  2.80 each  2.80 each  2.80 each	Gordal olives with chilli	1.70 /100g
5 pita breads  Rosemary focaccia  2.50 /slice  Sourdough baguette  3.00 each  Focaccia  Pain au chocolate Orientee  Almond Croissants Orientee  Pastel de Nata  Pumpernickel Bread  Walnut Bread  Vegetable Samosa  1.10 each  Cheese and Onion Pasty  2.50 each  2.25 each  2.50 /slice  3.00 each  2.50 each  2.15 each  2.60 each  2.80 each  2.80 each  2.80 each  2.80 each	Kalamata olives with parsley and garlic	1.70 /100g
Rosemary focaccia  Sourdough baguette  Focaccia  Pain au chocolate Orientee  Almond Croissants Orientee  Pastel de Nata  Pumpernickel Bread  Walnut Bread  Vegetable Samosa  Cheese and Onion Pasty  2.50 /slice  3.00 /slice  3.00 /slice  4.50 /slice  3.00 /slice 4.50 /slice  3.00 /slice  3.00 /slice 4.50 /slice 4	Pita Bread (locally made)	0.55 each
Sourdough baguette 3.00 each Focaccia 2.50 each Pain au chocolate Orientee 2.15 each Almond Croissants Orientee 2.60 each Pastel de Nata 1.80 each Pumpernickel Bread 2.80 each Walnut Bread 2.80 each Vegetable Samosa 1.10 each Cheese and Onion Pasty 2.60 each	5 pita breads	2.25 each
Focaccia  Pain au chocolate Orientee  Almond Croissants Orientee  Pastel de Nata  Pumpernickel Bread  Walnut Bread  Vegetable Samosa  Cheese and Onion Pasty  2.50 each  2.15 each  2.60 each  2.60 each  2.80 each  2.80 each  2.80 each  2.80 each  2.80 each	Rosemary focaccia	2.50 /slice
Pain au chocolate Orientee 2.15 each Almond Croissants Orientee 2.60 each Pastel de Nata 1.80 each Pumpernickel Bread 2.80 each Walnut Bread 2.80 each Vegetable Samosa 1.10 each Cheese and Onion Pasty 2.60 each	Sourdough baguette	3.00 each
Almond Croissants Orientee 2.60 each Pastel de Nata 1.80 each Pumpernickel Bread 2.80 each Walnut Bread 2.80 each Vegetable Samosa 1.10 each Cheese and Onion Pasty 2.60 each	Focaccia	2.50 each
Pastel de Nata  1.80 each Pumpernickel Bread  2.80 each Walnut Bread  2.80 each Vegetable Samosa  1.10 each Cheese and Onion Pasty  2.60 each	Pain au chocolate Orientee	2.15 each
Pumpernickel Bread 2.80 each Walnut Bread 2.80 each Vegetable Samosa 1.10 each Cheese and Onion Pasty 2.60 each	Almond Croissants Orientee	2.60 each
Walnut Bread 2.80 each Vegetable Samosa 1.10 each Cheese and Onion Pasty 2.60 each	Pastel de Nata	1.80 each
Vegetable Samosa1.10 eachCheese and Onion Pasty2.60 each	Pumpernickel Bread	2.80 each
Cheese and Onion Pasty 2.60 each	Walnut Bread	2.80 each
·	Vegetable Samosa	1.10 each
Spinich/Ricotta roll 2.25 each	Cheese and Onion Pasty	2.60 each
	Spinich/Ricotta roll	2.25 each

Quiche	2.25 each
Vienesse fingers - vegan	1.60 each
Lemon Drizzle - Urban Raspberry	1.60 each
Vegan Carrot Cake Orientee	3.60 each
Mushroom Rolls - Urban Raspberry	1.85 each
Pumpernickel Bread	2.80 each
Tempeh (organic)	1.84 /100g
Sunflower tempeh (organic)	2.00 /100g
Beans pinto	0.24 /100g
Beans soya (organic)	0.25 /100g
Oat mylk	2.40 /litre
Guatemalan - Hundred House Coffee	3.10 /100g
BonBon Espresso Hundred House Coffee	3.00 /100g
Dead Sea salt	£0.40 /100g
Sample tins	0.70 each
SESI cream cleaner	£0.40 /100g
SESI dishwasher powder	£0.45 /100g
SESI fabric conditioner	£0.28 /100g
SESI fig hand soap	£0.67 /100g
SESI glass cleaner	£0.22 /100g
SESI multisurface spray	£0.31 /100g
SESI non-bio laundry liquid	£0.46 /100g
SESI toilet cleaner	£0.34 /100g
SESI washing powder	£0.51 /100g
SESI washing up liquid	£0.28 /100g
Raw vegan chocolate covered raisins (organic)	£3.36 /100g
Parsnips	£1.00 /kg
Conference pears	£2.30 /kg