

THE CLEAN KILO

ZERO WASTE

SUPERMARKET



WHITE FUSILLI PASTA

£0.24/100G

ORIGIN: ITALY

Nutrition Facts

Serving Size 1 cup of cooked

Amount Per Serving

Calories **220**

% Daily Values*

Total Fat 1.29g **2%**

Saturated Fat 0.245g **1%**

Trans Fat -

Polyunsaturated Fat 0.444g

Monounsaturated Fat 0.182g

Cholesterol 0mg **0%**

Sodium 326mg **14%**

Total Carbohydrate 42.95g **14%**

Dietary Fiber 2.5g **10%**

Sugars 0.78g

Protein 8.07g

Vitamin D -

Calcium 14mg **1%**

Iron 1.75mg **10%**

Potassium 63mg **2%**

INGREDIENTS: 100% Italian Durum Wheat

STORAGE: Cool, dry and hygienic, away from direct light and odours.

COOKING INSTRUCTIONS: Bring a large pot of water to a boil; add 1 teaspoon salt and the pasta (1 tsp olive oil optional). Return to a boil, and cook for 12 minutes until al dente.

SHELF LIFE: Please see dispenser for BBE date.

ALLERGENS: Product itself contains gluten - please read below.

ALLERGEN STATEMENT: Where products are indicated as not having an allergen present this refers to the product not being formulate or wholly derived from the particular ingredient. Allergen handling policies and procedures are in place through the supply chain to reduce the likelihood of cross contamination from allergens, however this cannot be guaranteed.

NOTE: The information is considered to be true and correct at the date of publication, changes in circumstances (i.e change of supplier/price etc) after the time of publication may impact on the accuracy of the information. We will endeavour to update any changes as frequently as possible. Publication last updated 22.08.19.

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