

THE CLEAN KILO

ZERO WASTE

SUPERMARKET



BLACK TURTLE BEANS ORGANIC

£0.31/100G

ORIGIN: CHINA

Nutrition Facts

Serving Size 100 g

Amount Per Serving

Calories 339

% Daily Value

Total Fat 0.9g 1 %

Saturated Fat 0.2g 1 %

Sodium 9mg 0 %

Total Carbohydrate 63g 21 %

Dietary Fiber 16g 64 %

Sugar 2.1g

Protein 21g 42 %

Vitamin A 0 % • Vitamin C 0 %

Calcium 16 % • Iron 48 %

Daily values are based on 2000 calorie diet.

INGREDIENTS: Black Turtle Beans

STORAGE: Cool, dry and hygienic, away from direct light and odours.

COOKING INSTRUCTIONS: Soak for 6 hours (minimum). Place in water and bring to the boil for 10-15 minutes then simmer until soft (approximately 40 minutes).

SHELF LIFE: Under 12 months

NO ALLERGEN PRESENT IN THE PRODUCT ITSELF - please read below.

ALLERGEN STATEMENT: Where products are indicated as not having an allergen present this refers to the product not being formulate or wholly derived from the particular ingredient. Allergen handling policies and procedures are in place through the supply chain to reduce the likelihood of cross contamination from allergens, however this cannot be guaranteed.

ORGANIC CERTIFICATION: The product meets EU Organic Standards 834/2007 and 889/2008 and meets the Soil Association Organic Standards.

NOTE: The information is considered to be true and correct at the date of publication, changes in circumstances (i.e change of supplier/price etc) after the time of publication may impact on the accuracy of the information. We will endeavour to update any changes as frequently as possible. Publication last updated 22.08.19.

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