

THE CLEAN KILO

ZERO WASTE

SUPERMARKET



FLAT FETTUCINE PASTA

£0.23/100G

ORIGIN: ITALY

Nutrition Facts

Serving Size 1 cup of cooked

Amount Per Serving

Calories 220

% Daily Values*

Total Fat 1.29g 2%

Saturated Fat 0.245g 1%

Trans Fat -

Polyunsaturated Fat 0.444g

Monounsaturated Fat 0.182g

Cholesterol 0mg 0%

Sodium 326mg 14%

Total Carbohydrate 42.95g 14%

Dietary Fiber 2.5g 10%

Sugars 0.78g

Protein 8.07g

Vitamin D -

Calcium 14mg 1%

Iron 1.75mg 10%

Potassium 63mg 2%

Vitamin A 0IU 0%

Vitamin C 0mg 0%

INGREDIENTS: High quality pasta made from 100% Italian Durum Wheat from the region of Franciacorta with an intense gold colour.

STORAGE: Cool, dry and hygienic, away from direct light and odours.

COOKING INSTRUCTIONS: 4 ounces of uncooked pasta = a 1-inch diameter bunch of dry pasta = 2 cups cooked pasta. To cook pasta properly, pasta needs a lot of water. A too-small pot and too little water encourages the pasta to clump and stick together, thus cooking unevenly. Cook for 12 minutes and drain.

SHELF LIFE: Please see dispenser for BBE date.

ALLERGENS: Product itself contains gluten - please read below.

ALLERGEN STATEMENT: Where products are indicated as not having an allergen present this refers to the product not being formulate or wholly derived from the particular ingredient. Allergen handling policies and procedures are in place through the supply chain to reduce the likelihood of cross contamination from allergens, however this cannot be guaranteed.

NOTE: The information is considered to be true and correct at the date of publication, changes in circumstances (i.e change of supplier/price etc) after the time of publication may impact on the accuracy of the information. We will endeavour to update any changes as frequently as possible. Publication last updated 22.08.19.

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